

LEGUMES

JAN FEB MAR APR MAY JUNE JULY AUG SEPT OCT NOV DEC

Beans (5+ varieties)

Peas, Green

Peas, Sugar Snap

CUCURBITS

Cucumbers (2 varieties)

Squash, Summer

Squash, Winter (8+ varieties)

Squash, Zucchini

Melon, Cantaloupe

Melon, Honeydew (green & orange)

COLE

Broccoli

Brussels Sprouts

Cabbage (3+ varieties)

Caiflower (5+ varieties)

Kohlrabi

HERBS

Basil (3 varieties)

Dill

Cilantro

Parsley, Curley

Parsley, Flat

ROOT

Beet Greens

Beets (3 varieties)

Carrots

Carrots, Purple

Leeks

Fennel

Radishes

Onions (3+ varieties)

BERRIES

Blackberries

Blueberries

Raspberries

Strawberries

FRUIT BEARING

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Eggplant (3+ varieties)

Peppers (5+ varieties)

Tomatoes, Grape

Tomatoes, Heirloom (10+ varieties)

Tomatoes, Roma

Tomatoes, Slicing (4+ varieties)

Tomatoes, Sungold

LEAFY / STEM

Arugula, Baby

Asparagus

Chicory

Collard Greens

Escarole

Kale

Lettuce (4+ varieties)

Mustard Greens

Spinach

Spinach, Baby

Swiss Chard

OTHER VEGETABLES

Corn (15+ varieties)

Rhubarb

Scallions

CUT FLOWERS

Ageratum

Asters

Bachelor Buttons

Calendula

Celosia

Dahlias

Peonies

Snapdragons

Statice

Sun Flowers

Zinnias

ABOUT FROST: First frost is commonly in October, but can occur as early as September.

From Farm to Fork : Use this guide to see when all of your favorites are usually available fresh from our farm.



WHEN IS LOCAL REALLY LOCAL?
WILSON FARM'S GUIDE
TO OUR OWN PRODUCE
www.wilsonfarm.com